



Dear Warnica Families,

It is hard to believe that we only have two months of school left! May is shaping up to be a very busy month with lots of exciting classroom and extra-curricular activities taking place to support student learning. We are looking forward to our "Warnica- Welcome to French Immersion Evening" on May 17<sup>th</sup> and our Warnica Well-Being community event on May 25<sup>th</sup>. We will continue to focus on the importance of compassion, understanding and empathy for ourselves and others, as well as promote our collective responsibility to take care of and support the well-being of those around us. We would like to extend a huge thank you to our staff and student mentors for hosting intramural sports and extracurricular activities/clubs. We have had junior/intermediate sports, intramurals, Arts Club, chess, a cast of performers and tech crew for our musical last week, GSA, lunch helping, and safety patrollers to name a few. Thank you to the staff and students who make these events possible. We have also started our safety drills and our staff and students have done a wonderful job and we are very proud of them.

Our students are also enjoying buying popcorn for \$2.00 every Tuesday. Please be sure to check our school website and social media in order to keep up to date with what's happening at Warnica. Here's to another fantastic 2 months of school!

- May 5 Wear red for Red Dress Day
- May 17<sup>th</sup>- Warnica Welcome to Grade 1 Information Night
- May 25<sup>th</sup> - Warnica Well-Being Night
- May 15<sup>th</sup>- June 9<sup>th</sup> - EQAO (grade 3, 6) \*More info to follow next month
- June 1<sup>st</sup> - Ariko Francophone Culture and Music group
- June 2<sup>nd</sup> - PA Day – NO SCHOOL
- June 7- School track & field day—Rain date of June 8th
- June 16- Jump Rope For Heart
- June 22- Grade 8 graduation

#### Four finger affirmations coping strategy

Well-being is a strategic priority in the Simcoe County District School Board, and our well-being department provides monthly strategies to support student and family well-being.

This month's strategy is four finger affirmations. Parents/guardians can guide their child to think positively in the face of stress or challenges by using affirmations to promote confidence, a growth mindset, self-regulation, and resiliency. To practice four finger affirmations at home, work with your child to generate four words that make them feel calm and confident. For example, "I am loved today" or "breathe, listen, smile, love." Explain that each word will match a finger on their hand. Have them say the words (affirmation) aloud or in their head and connect each finger with their thumb. Tell your child they can repeat this as many times as they like, to themselves or out loud.

Consider practicing four finger affirmations at home with your child at a time of day that will be most helpful for them. Find more easy and fun mental health activities to do at home here: <https://smho-smsso.ca/online-resources/easy-and-fun-mental-health-activities-for-home/>.

Follow along on the SCDSB's Mental Health and Well-being social media accounts

#### Character attribute for the month of May

Respect - we treat ourselves, others and the environment with consideration and dignity. More information about character education can be found here: [scdsb.on.ca/about/character-education](https://scdsb.on.ca/about/character-education)

#### Mental Health Week 2023

Join us for Mental Health Week May 1 to 7 by shining a spotlight on how mental health care can be expressed and nurtured (through self-care strategies, art, music, sport etc.). At the SCDSB we are committed to the mental health and well-being of every student and will be shining a spotlight on how mental health is supported in our school communities by sharing on social media using the hashtags #MyStory, #MentalHealthWeek, and #ShineGreen, and tagging @scdsb\_mhwb, @scdsb\_schools, and @SMHO\_SMSO.



May 2023	
Date	Name
May	Asian Heritage Month
May	Dutch Heritage Month
May	Jewish Heritage Month
May	South Asian Heritage Month
May 1	Beltane Wicca
May 1	School Principals' Day
May 1	Music Monday
May 1-7	Children's Mental Health Week/Mental Health Awareness Week
May 1-7	Education Week / SCDSB Celebrates
May 2	<b>Twelfth Day of Ridvan</b> Bahá'í
May 5	Buddha's Birth Date Buddhism
May 5	<b>Wesak/Buddha Day</b> Buddhism
May 5	South Asian Arrival Day
May 5	Red Dress Day
May 14	Mother's Day
May 15	International Day of Families
May 17	International Day Against Homophobia, Transphobia and Biphobia
May 22	Victoria Day Canadian Holiday
May 23	<b>Zarathosht-no-diso (SC)</b> Zoroastrianism
May 24	<b>Declaration of the Báb</b> Bahá'í
May 25-27	<b>Shavuot</b> Judaism
May 28	Pentecost Christianity
May 28- June 3	National AccessAbility Week
May 29	<b>Ascension of Bahá'u'lláh</b> Bahá'í

### Elementary summer learning programs in the SCDSB

The SCDSB continues to support student achievement and well-being throughout the summer months by providing a range of elementary summer learning programs. This summer, the SCDSB is offering programs that will focus on reading (Grades 1-3), math (Grades 4-8), multilingual learners (Grades 4-8), as well as students with learning disabilities who use assistive technology at school (Grades 4-8). The programs will be delivered through both a virtual synchronous learning format and in-person, and take place from July 10 to 28 from 9 a.m. to 12 p.m. daily. In-person programs take place at Terry Fox Elementary School in Barrie.

Interested families are asked to contact their children's school principal for further details and registration information. Registration is completed through the SCDSB's public website starting Monday, May 1. Deadline to register is Friday, May 19.

### Registration now open for summer eLearning!

The Simcoe County District School Board (SCDSB) is offering summer school courses in July 2023 for current high school students or adult learners who are interested in earning a new credit or upgrading a previous mark. Students can advance online learning skills, earn missed credits, or fast-track preparation for graduation or post-secondary in just four weeks. eLearning is fully supported by certified teachers who are available electronically daily.

Summer school program details can be found on the Learning Centres website at <http://thelearningcentres.com>.

### Licensed summer school age child care programs

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at [scdsb.on.ca/elementary/planning-for-school/childcare-before-after](https://scdsb.on.ca/elementary/planning-for-school/childcare-before-after).

### Hot Lunch Schedule:

**Mondays: GetRoasted Sushi**

**Tuesdays: Popcorn \$2**

**Wednesdays: Subway**

**Thursdays: Licious Pasta**

**Fridays: Pizza**

**\*\*You can order hot lunches on schoolcash online and click the lunchbox button\*\***



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## Junior Girls Basketball Season

The Warnica Junior Girls Basketball team had an amazing season with being a finalist in the Zones and the Crossover tournaments. The season is now over for our team. A big congratulations to all of Warnica's 15 team members for their optimism, fair-play skills and non-stop energy during every game!

## SCHOOL HOURS

- ◆ 8:55 - Playground Supervision Begins
- ◆ 9:10 - Entry Bell
- ◆ 10:50 -11:10 Activity Break
- ◆ 11:10 -11:30 Nutrition Break
- ◆ 1:10-1:30 Activity Break
- ◆ 1:30-1:50 Nutrition Break
- ◆ 3:30 - Dismissal